

# ABC Tracker

Student \_\_\_\_\_ Staff \_\_\_\_\_ Dates \_\_\_\_\_

Identify a recurring behavior to observe in a single student. The behavior or set of behaviors should occur during a **similar school routine, subject area, location or time of day**. Track five occurrences of that behavior over the next two weeks and identify patterns and trends in occurrence.

Routine/Date/Time	When... (Antecedent)	Student will.... (Behavior)	Because.... (Consequence)
<u>Example</u> Date: Feb 8 Time: 10:25 Routine: Math class	<i>Asked to complete worksheet (multi-digit multiplication &amp; work problems) independently</i>	<i>Verbally refuse to work, say "This is stupid", wander room &amp; make negative comments</i>	<i>Teacher will leave student alone &amp; student gets to avoid difficult task/worksheet</i>
<u>1<sup>st</sup> Incident</u> Date:        Time: Routine:			
<u>2<sup>nd</sup> Incident</u> Date:        Time: Routine:			
<u>3<sup>rd</sup> incident</u> Date:        Time: Routine:			
<u>4<sup>th</sup> incident</u> Date:        Time: Routine:			
<u>5<sup>th</sup> incident</u> Date:        Time: Routine:			

**Routine:** The circumstance the student in when the incident happens. For example, math class, recess, passing time, music class.

**Antecedent (When):** The specific thing that started the behavior issue. For example, lining up for lunch, asked to independently read, instructed to write a paragraph, leaving Mr. J's room and entering Ms. K's room.

**Behavior:** State as specifically as possible the problem behavior. It should be explained so clearly that anyone would know what you're talking about. For example, lies on the floor and screams, shoves book onto the floor and puts her head down on the table, yelled names at staff and peers, tries to tried peers when they walk by.

**Consequence:** Others response to the student's behavior. For example, peers laughed and student became louder, teacher sent student out of the room so student got out of doing work, teacher gave student one-on-one time to help them calm down.